



VISITING HEN HEAVEN?



If you are visiting Hen Heaven please consider bringing some of the following items for our happy hens and turkeys;



Dried pasta, cornflakes, brown bread, couscous, houmous, polenta, cakes or biscuits



Fresh salad leaves, fresh greens or fresh fruit (no purple leaf vegetables please)



Tinned peas, beans, vegetables or fruit (no meat or fish please)



Bach Rescue Remedy, Olbas Oil, Arnica cream or Tea Tree cream.



Freshly cooked brown, white rice or potatoes (no longer than 24 hours from cooking to visit.)



Please store your egg boxes in a dry indoor place ready for your next visit to Hen Heaven.

www.henheaven.org

You can contact Hen Heaven on 07754 550193 but please do not withhold your number.